

# \_\_\_\_\_ 's packing list for our kite trip to \_\_\_\_\_

## Clothing

- Mud pants
- Jacket / overall
- Cap / scarf
- Sun hat
- Shoes / rubber boots
- Bodies / underwear
- T-Shirts
- Sweaters
- Tights Pants (long/short)
- Socks
- Pyjamas
- Sleeping bag
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Food

- Bibs
- Porridge bowl / plates
- Children cutlery / baby spoons
- Baby bottle
- Drinking cup
- Bottle warmer / cooking pot
- Blender / bowl
- Baby food
- Snacks / food for the road
- Sitting aid (e.g., baby chair)
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## First aid kit

- Disinfectant
- Wound disinfectant
- Iodine solution
- Clinical thermometer
- Electrolyte solution
- Suppositories for fever / ache
- Cough syrup / cold remedy
- Nasal aspirator
- Saline solution
- Tick card / tweezers
- Onion against stings
- Remedy for pain due to tooth growth
- Black tea / camomile tea
- Plasters / compresse
- \_\_\_\_\_

## Diaper bag and baby equipment

- Diapers
- Changing mat
- Diaper balm
- Wet / nursing wipes
- Diaper garbage bag
- Babyphone
- Night light
- Travel bed (can also be used as playpen)
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

## Entertainment

- Planket/playmat
- Children toys
- Baby toys / play sheet
- Mobile
- Teething ring
- Books
- Cuddle toy / doll / snuffle cloth
- Pacifier
- Baby bouncer
- \_\_\_\_\_
- \_\_\_\_\_

## Mobility

- Stoller
- Baby car seat
- Baby carrier / sling
- Handcart
- Bicycle / balane bike / scooter
- Bicycle helmet
- Bicycle trailer
- Baby seat for bicycle
- Stroller adapter for baby car seat
- \_\_\_\_\_
- \_\_\_\_\_

## Care and hygiene

- Wind and weather cream
- Suncream (SPF 50)
- Baby paddling pool as bathtub
- Bath additive ( e.g., almond oil)
- Bath towel /bathrobe /washcloth
- Gauze cloths
- First aid kit (see above)
- \_\_\_\_\_
- \_\_\_\_\_

## Documents

- Passport
- Medical checkup journal
- Vaccination certificate
- Important emergency phone numbers
- \_\_\_\_\_

## At the beach / kitespot

- Beach toys / ball
- Beach shell / windbreak
- Sun protection (e.g., parasol)
- Swimming aid (water wings / swim ring / life jacket)
- Wetsuit
- UV resistant wear /swim wear / swim diapers
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

Enjoy your  
family kite trip!

